



## OCD Youth Support Group South West Brisbane

### *Do you live with OCD?*

Obsessive Compulsive Disorder (OCD) is a condition in which a person develops intrusive thoughts, images or impulses (obsessions), usually coupled with compulsive behaviours. OCD is a treatable disorder that can affect both males and females of all ages. It is the fourth most common mental health disorder, and is diagnosed as often as diabetes or asthma.

### *You're Invited!*

The aim of the Brisbane OCD Youth Support Group (South West Brisbane) is to provide peer-based support and connection for young people with OCD, their families, friends and interested others. Cost is \$3.00pp.



### *Where?*

The Sherwood Neighbourhood Centre is conveniently situated next to the Sherwood shopping centre at 38 Thallon Street and is a short walk from the Sherwood Railway Station.

### *When?*

Meetings are at Sherwood Neighbourhood Centre on the first Friday of every month from 4:00 - 5:30pm. Meetings are always attended by an adult and RSVP's are essential: ([community@sherwoodnc.org](mailto:community@sherwoodnc.org)).

Next  
Meeting:  
Friday 6<sup>th</sup>  
December  
4:00pm

### *Cost?*

\$3.00 per person

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